



# LISA JEAN

COACHING  
CONSULTING  
SPEAKING

## BIO

Lisa facilitates spirit-lifting transformations in people's hearts and homes through tidying up. She holds a master's degree in Counseling from Truman State University. Lisa became Missouri's first Certified KonMari Consultant in October 2017 and owns an organizing business called Tidy Upgrade.

## CONTACT LISA

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## YOU'LL DISCOVER

### HOW FOCUSING ON THE SIMPLE ACT OF TIDYING UP

- Creates the life you desire
- Enhances your personal and professional growth
- Provides the backbone to thriving at work and at home
- Sets you on the path to becoming the best version of yourself
- Helps you clarify what matters MOST
- Fills your life with Passion, Purpose, and JOY

## SPEAKING

### KEYNOTE

#### CLEARING SPACE FOR JOY THROUGH TIDYING

Inspire your audience to tidy up, make space for the person they're becoming, and discover their mission in life. Lisa shares her personal journey from grief to gratitude through the transformative power of tidying up.

### WORKSHOPS

#### PLAN YOUR JOURNEY TO JOY THROUGH TIDYING

Get step-by-step instruction on how to get tidy, stay tidy, and clear the path for the MOST Joy! Your audience will leave with their vision and plan for tidying success in hand.

#### CLEARING SPACE FOR JOY AT WORK

Living a life that sparks joy means passionately serving others through meaningful work. Lisa helps your audience identify and clarify their mission so they can serve in a powerful way, all while providing tips on tidying their workspace for focus, clarity, and joy.

## TESTIMONIALS

"LISA MADE ME REALIZE I CAN DO THIS ON MY OWN AND SUCCEED! I'M VERY GLAD I CAME."  
~NANCEE G.

"LISA DID AN AMAZING JOB. OUR PATRONS ARE ASKING WHEN SHE IS COMING BACK TO SPEAK."  
~KAREN G., EVENT PLANNER

"VERY HELPFUL AND INSPIRATIONAL!"  
-LAURIE N.

